

BTDTHomeschool

*Hi. We are
Maria & Nicole!*

We're two homeschooling moms that have Been There Done That!

Through our informative [podcasts](#), [blog posts](#), [daily inspiration](#) on social media, and a wide range of [free printable tools](#), we aim to empower and guide you on your homeschooling journey.



Who are we? >

Been There Done That Homeschool was created with a heartfelt mission:
"To Empower and Give Back to the Homeschool Community"

MOST DOWNLOADED EPISODES

- Episode 020. – [10 Things I Wish I Knew Before Homeschooling >>](#)
- Episode 035. – [Best and Worst Homeschool Buys >>](#)
- Episode 034. – [Deschooling 101 >>](#)
- Episode 031. – [Planning Your Homeschool Year >>](#)
- Episode 045. – [Hidden Agenda in Homeschool Groups and Organizations](#)

All Episodes >

MOST POPULAR BLOG POSTS

- [Top 25 Homeschool Essentials](#) – See pictures of our homeschool room!
- [Discovering Geography and Culture with Food](#)
- [Take a Celestial Hike](#)

All Blog Posts >

MOST POPULAR RESOURCES

- [BTDTHomeschool Planner & Ultimate Organizer](#) – See a Video Walk-through!
- [Book of Centuries](#) – Make history come alive!
- [Free High School Transcript Template](#)
- [Free 100 Homeschool Field Trip Ideas Pack](#)

All Resources >

EXTRA-CURRICULAR & VOLUNTEER WORKBOOK

Help your high schooler decide their best fit!



Volunteering



Clubs



Competitions



Leadership



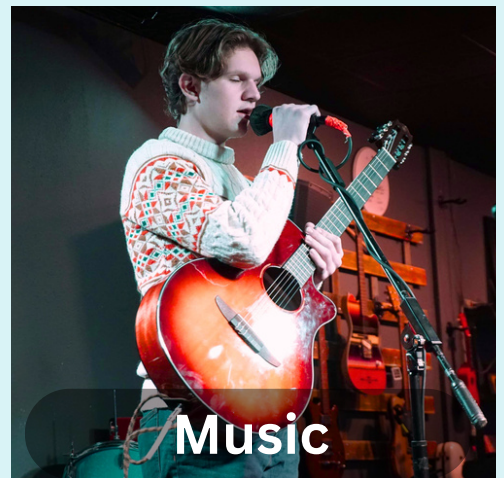
Scouts/Outdoor



Sports



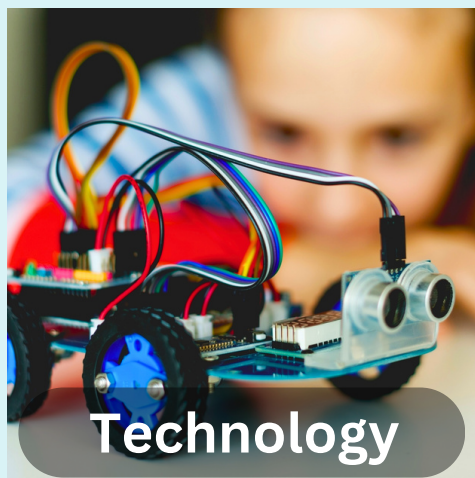
Performing Arts



Music



Media



Technology



Crafts/Hobbies

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Extracurricular & Volunteering

IN YOUR HOMESCHOOL

Extracurricular activities are activities performed by students that fall outside the realm of the normal curriculum of school education. These activities are generally voluntary, non-paying, and tend to be social or philanthropic, as opposed to scholastic.

Extracurricular activities are a crucial part of a homeschooler's education, providing opportunities for informal and self-directed learning. Students should be motivated mainly by intrinsic interests, curiosity, exploration, task completion, and social interaction. These opportunities will allow them to develop as fully as possible while giving them the chance to sample a wide variety of experiences.

Education is not solely acquired through textbooks and academics. Through extracurricular activities and volunteering, students learn life skills that benefit them in school, the workforce, and life in general. Additionally, students can learn an incredible amount from their peers through these activities, such as how to compromise and work in a group. These activities also enable students to meet and interact with peers who may not be within their close group of friends. Moreover, these activities help enhance social skills and teach valuable lessons that may not be learned in a classroom setting.

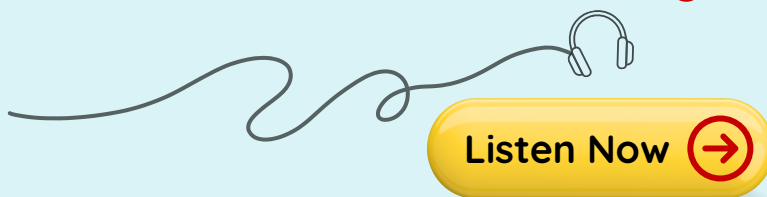
These opportunities are also a great way to help homeschool students build their school portfolio as they submit college applications and apply for scholarships.



But What Activities Should They Do?

Sometimes it's difficult to think about what your student would like to do. We've created a step-by-step along with an extensive list of things that might help them identify some possible interests and involvements.

Listen to our podcast episode to find out more about Extracurricular and Volunteering for your High Schooler:



Extracurricular & Volunteering

IN YOUR HOMESCHOOL

1

To start off, go through the lists and have your student check anything that they like or seems to attract them (whether or not they know anything about it), and cross out any that you want to avoid (like it really turns them off). It's just as important to know what they don't like as it is to know what they do.

2

Now go back to the circled items on the above lists and rate how interested you are in each one of them on a scale from 1-10 (1 = a little interested, 10 VERY interested).

3

Write down the ten highest numbered items.

1 _____

2 _____

3 _____

4 _____

5 _____

6 _____

7 _____

8 _____

9 _____

10 _____

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Extracurricular & Volunteering

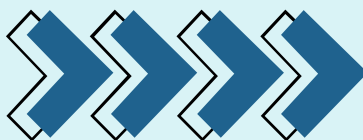
IN YOUR HOMESCHOOL

- 4 If something jumps out at you immediately, then just do it, act on it, or at least find out how you can find out more about it.
- 5 If something sounds interesting, but you're not sure about it or how to get involved, research more. Talk to other homeschool parents, family members, or friends that may be familiar. Perhaps someone who is already doing it and ask them to help you find out what it's all about or about what you might do.
- 6 Once you decide on an activity, then find a way of learning how to do it, joining it or getting otherwise involved. If you like it, then hooray for you. If you don't, then go onto something else on your top ten list.



Keep in mind that there can be a lot of different outlets for each interest you have. For example, if you want to play an instrument, you can take private classes, play in a band, play in an orchestra, or perform at a coffee shop's open mic!

Now it's time to find the best fit for you!



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Extracurricular: Clubs/Groups

- History Club
- Robotics Club
- Book Club
- Science Club
- Astronomy Club
- Writing Club
- Chess Club
- Cooking/Dinner Club
- Quill and Scroll Club
- Adopt-a-Physicist Club
- National Merit Club
- LGBTQ+ Club
- Entrepreneurial Club
- Cultural Club
- 4-H Club
- Georgia 4-H (as mentioned in the podcast episode)
- Horticulture Club
- Dungeons and Dragons Club
- Gaming Club
- NOW (National Organization for Women)
- Amnesty International
- GIL (Girls Lean International)
- Environmental Club

Extracurricular: Academic Competitions

- Mathletes
- Speech and Debate
- Poetry Out Loud
- National Quiz Bowl
- Odyssey of the Mind
- Destination Imagination
- Science Fairs
- Spelling Bees
- National Mythology Exam
- National Shakespeare Competition
- Junior Achievement

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Extracurricular: Leadership

- Model UN
- Youth and Government
- ROTC
- Civil Air Patrol
- Teen Advisory Boards (museums, libraries, mayor, etc.)
- National Honor Society
- Mentoring
- Teaching
- Camp Counselor
- Group Admin/Moderator

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Extracurricular: Scouting/Outdoors

- Navigators
- Boy Scouts
- Girl Scouts
- Venturing (BSA)
- Sea Scouts
- Spelunking
- Backpacking
- Fishing
- Flying
- Cattle Driving
- Gardening
- Landscaping
- Wilderness Skills

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Extracurricular: Sports

- | | |
|--|---|
| <input type="checkbox"/> Swimming | <input type="checkbox"/> Golf |
| <input type="checkbox"/> Volleyball | <input type="checkbox"/> Frisbee Golf |
| <input type="checkbox"/> Basketball | <input type="checkbox"/> Climbing |
| <input type="checkbox"/> Football | <input type="checkbox"/> Racing |
| <input type="checkbox"/> Baseball/Softball | <input type="checkbox"/> Biking |
| <input type="checkbox"/> Tennis | <input type="checkbox"/> Wrestling |
| <input type="checkbox"/> Pickleball | <input type="checkbox"/> Boxing |
| <input type="checkbox"/> Table Tennis | <input type="checkbox"/> Weight Training |
| <input type="checkbox"/> Soccer | <input type="checkbox"/> Yoga |
| <input type="checkbox"/> Hiking | <input type="checkbox"/> Gymnastics |
| <input type="checkbox"/> Water Polo | <input type="checkbox"/> Hockey |
| <input type="checkbox"/> Horseback Riding/Polo | <input type="checkbox"/> Parkour |
| <input type="checkbox"/> Track and Field | <input type="checkbox"/> Bowling |
| <input type="checkbox"/> Martial Arts | <input type="checkbox"/> Rowing/Kayaking |
| <input type="checkbox"/> Scuba Diving | <input type="checkbox"/> Rafting |
| <input type="checkbox"/> Hang Gliding | <input type="checkbox"/> Paddleboarding |
| <input type="checkbox"/> Ballroom Dance | <input type="checkbox"/> Darts |
| <input type="checkbox"/> Racing | <input type="checkbox"/> Lacross |
| <input type="checkbox"/> Archery | <input type="checkbox"/> Racquetball/Squash |
| <input type="checkbox"/> Skating/Skateboarding | <input type="checkbox"/> Roller Derby |
| <input type="checkbox"/> Skiing | <input type="checkbox"/> <u>YMCA sports</u> |

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Extracurricular: Performing Arts

- Dance
- Improv
- Stand Up Comedy
- Theater
- Theater Set Build/Stage Crew
- Cinematography
- Light Design
- Directing
- Slam Poetry
- Voice Acting
- History Reenactments
- Circus Arts
- Puppetry
- Magician
- Juggling
- Miming
- LARPING (Live Action Role Play)

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Extracurricular: Music

- Choir
- Singing
- Music Composition
- Music Production
- Music Recording
- Band/Marching Band
- Orchestra
- Music Instrument
- Jazz Band
- Your Own Band
- Open Mic

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Extracurricular: Media

- School Journal
- Yearbook
- Newspaper/Newsletter
- Novel Writing
- Internship (Local Newspaper)
- Internship (Local Radio Station)
- Freelance Writer
- Podcasting
- Voice Over
- Blogger/Vlogger

Extracurricular: Computer/Technology

- eSports
- Programming
- Computer Design/Build
- Web Design
- Graphic Design
- Rocketry
- Combat Robots
- 3D Printing
- Computer Gaming
- Computer Animation
- Stop Motion

Extracurricular: Crafting/General Hobbies

- Blacksmithing
- Drawing
- Calligraphy
- Painting
- Sculpting
- Glass Blowing
- Pottery Making
- Beadworking
- Sewing
- Knitting
- Crocheting
- Fashion Design
- Costume Design
- Photography
- Scrapbooking
- Woodworking
- Jewelry Making
- Soldering
- Quilting
- Macrame
- Metal Working
- Welding
- Weaving
- Origami
- Embroidery
- Candlemaking
- Flower Arranging
- Cartography
- Soap Making
- Resin Molding
- Wood Burning
- Stained Glass Art
- Leather Working
- Mosaics
- Printmaking
- Felting
- Paper Making

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Extracurricular: Volunteering

- Hospital
- Fire Department
- Church/Synagogue/Mosque/Temple
- Adopt-a-Highway
- Tutoring
- Homeless Shelter
- Food Bank
- Soup Kitchen
- Habitat for Humanity
- Elderly Home
- Local Business
- Local Farm
- DoSomething.org
- Big Brothers/Big Sisters
- Trash Clean Up
- Volunteer at Local Parks/Recs
- Political Campaign/Government Office
- Poll Worker
- Lifeguard
- Helping a Neighbor